

# THE IMPACT OF WILD ADVENTURES ON THE STUDENTS OF ROYAL GRAMMAR SCHOOL HIGH WYCOMBE (RGS)

For the past three years we have worked closely with the teachers and students of RGS to curate wild adventures which inspire life. From Dartmoor to the West Highlands of Scotland, students have the opportunity to explore, play, roam and connect with themselves, each other and the wild landscapes we adventure to.



## OUTDOOR LEARNING

### Real life context

Outdoor trips provide opportunities for learning that students don't get to experience in the classroom. As well as the opportunity for students to put the lessons they do have at school into real-life context.

### Proven benefits

Outdoor learning boosts confidence, social skills, communication, motivation, physical skills, knowledge and understanding. It also boosts self-esteem, self-confidence, the ability to work cooperatively and positive attitude to learning.

### Beyond the classroom

"The adventures with The Living Project have enabled the students to pick up new skills that have since developed into learned habits. Skills that students would not have been exposed to and they would not have embraced as wholeheartedly without these adventures.

A number of students spoke of how they have continued journaling after their weekend in Dartmoor, and one even gifted his Grandmother with a journal and gave her full instructions on what to use it for and when!"

## CHARACTER EDUCATION

The Wild Weekends, and now the John Muir Award, offer a wonderful opportunity for further character education – to focus on the other parts of learning that aren't necessarily measured with exams results and grades, but are just as vital in developing well-rounded individuals.



*"We know, trust and love Josh, Cormac and Emily. The 'products' are inspiring, everything is run and sourced ethically and responsibly. So much can be gained from these adventures in the wild... if you're thinking about running a school trip with The Living Project I'd say just do it. You won't find a better provider."*

**JEN TURNEY**  
Administrative Co-ordinator