

A person is silhouetted against a vast, hazy landscape, standing on a rocky outcrop. The background shows rolling hills and a clear blue sky with some light clouds. The overall mood is serene and adventurous.

THE  
LIVING  
PROJECT

# THRIVE IN THE WILD

A 7/8 DAY ADVENTURE IN DARTMOOR  
NATIONAL PARK, UK



# THRIVE IN THE WILD: DARTMOOR

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**An entirely unique experience in one of the wildest places in the UK. Beginning with a combination of environmental volunteering, living in the woods and eating fire-cooked food, this is an excellent opportunity for students to develop a sense of self-reliance and connection with a wild life.**

From the woods we embark on a varied cross-country journey; by foot, steam train and canoe, enabling students to truly connect with the variety of environments to be found in this special part of the land we call the UK. The whole experience is carried out using public transport and only eating local produce, providing a genuinely sustainable experience helpful to the students and the environment they visit.

## **YOUR LEADERS:**

Led by an inspiring member of The Living Project team, in collaboration with Alex, a Dartmoor native, and passionate expert. Alex grew up in Chagford, surrounded by a community committed to Steiner education. He's been teaching bushcraft professionally since 2015. He leads treks worldwide and has walked the length of New Zealand. For Alex, spending time in the woods, living off the land, is what matters the most.

This unique immersive adventure can also be delivered as 8 day John Muir Explore Award. (to find out more drop us a line).

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# THRIVE IN THE WILD: A TWO PART JOURNEY

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## **PART ONE: Volunteering and wilderness living**

A unique experience to live and give back to a wild woodland in Dartmoor National Park. Volunteering options are:

1. Developing a wild flower meadow and diversifying the woodland
2. Working on one of two cooperative organic farms - arable or pastoral option

**Accommodation:** bell tents in the woods.

**Food:** fire-cooked food for the whole stay - all local and seasonal produce.

Optional Extras: (no extra cost, we'll chat with you further about which of these you'd like to include):

1. Evening talk from local expert in sustainability
2. Bushcraft and survival workshop
3. Wildlife watching
4. Night walk and stargazing

## **PART TWO: Journey to the sea**

Stage 1: Hike across Dartmoor

Stage 2: Steam train Buckfastleigh to Totnes

Stage 3: Canoe Totnes to Dartmouth and the sea

**Accommodation:** camping barns on route, or wild camping.

**Food:** Simple hiking food, locally sourced, cooked by the students.

Optional extras: (no extra cost, we'll chat with you further about which of these you'd like to include):

1. Visit to otter sanctuary on route
  2. Visit to rare breeds farm on route
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# INCLUSIONS

- A visit and 'prep session' at your school with the students in the weeks leading up to your adventure
- 2 qualified + experienced leaders & local support team
- One free school leader place (additional leaders charged at full price)
- The Living Project Comprehensive Risk Management including insurance with AIM
- All group camping kit & safety kit/support
- Private transport to and from Exeter St. David's train station to start location in the woods
- Private transport from end point to Totnes (closest)/Exeter St. David's for journey home
- All local transport (trains, canoes etc)
- Logistics vehicle support for journey element
- All food, snacks & drinks (healthy & wholesome). This will be a mix of communal cooking on the fire when based in the woods and on stoves when on the journey. All food is seasonal and locally sourced. Our camp food (when we're out in the wild) is either locally sourced or provided by Firepot - An award-winning range of kiln-dried expedition food that is critical to staying healthy in the wild that includes compostable packaging.
- All accommodation costs
- Personal journals + pencils
- The Living Project certificate of adventure
- A follow up 'integration' session in the weeks after the adventure for feedback & reviews





# EXCLUSIONS

- Transport from home to Exeter St. David's (start), or from Totnes/Exeter St David's to home at the end
- Personal kit, sleeping bags & mats (a kit list will be provided)
- Additional snacks
- Personal medications
- Personal spending money

# PRICE

- Price depends on the adventure duration (ranging from 7-10 days)
- Price for 7 days = £795 pp
- Thrive in the Wild as an 8 day John Muir Explore Award expedition: £875





If you want to find out more or to talk to us - we'd love to hear from...

The Living Project

[www.thelivingproject.life/for-schools](http://www.thelivingproject.life/for-schools)

[hello@thelivingproject.life](mailto:hello@thelivingproject.life)

**BE TRUE.  
LIVE WILD**